

The unique race will test for the second time not only the speed but also the reaction of children to cerebral and heart attacks

Press release, 22nd of May 2017, Brno

How to properly resuscitate, talk to an emergency service operator, or respond to a stroke symptoms - all this will have to be met by schoolchildren who will be taking part in this FAST RUN contest. For the second time, it has been organizing by an educational program HOBIT of St. Anne's University hospital in Brno.

In Brno's park called Lužánky, this Thursday, May 25th, will take a place track with several hits for the competitors who will have to deal with situations and tasks when it is literally "about life". In addition to the correct execution of the tasks, the speed is indicated by the name of the race "FAST RUN". FAST also refers to a mnemonic aid for recognizing stroke symptoms (Face = paralyzed face, Arm = paralyzed arm, Speech = confused speech, Time = time to call immediately 155).

"The race is unique, that pupils are able to test their own ability to react on sites situations that have been theoretically taught in the classroom so far. Last year we have the experience that even self-prepared racers are at first shocked when a person with a heart attack collapses in front of them or when they have to describe to rescuers what and where it happened," explains Hana Pokorná, organizer of the race. The race in this way provides the pupils with unique training to save human lives.

"Vascular stroke and myocardial infarction are the most common causes of death worldwide. Many deaths can be prevented by timely help even of random passers-by. That's why we try to educate school youth on a long-term and systematic basis about how to respond to the symptoms," said Assoc. Prof. Robert Mikulik, Head of the Complex Cerebrovascular Centre of the St. Anne's University hospital in Brno and the cerebrovascular research program of the FNUSA-ICRC.

In addition to the course itself, participants and passers-by can enjoy a rich accompanying program. Competitors who are not just on the track, will have fun on rope obstacles and bodyzorb that will prepare for them company "Milan's activities". On the stands of the projects of the St. Anne's University hospital in Brno - "Cardiovision Brno 2030" and "HOBIT - Hour of Biology for Life", will be prepared quizzes, competitions and an interactive part, during which they will be able to try what difficulties the patients are experiencing after a stroke.

What more does FAST run offer? *"Just the same as last year, a fire brigade from Brno is willing to join the event to showcase the fire truck and its technical equipment. We also rely on Brno's extraleague hockey team - HC Kometa Brno, who will reward the winners. Participants will also join a discussion about stroke with Carolina, which had stroke at her 21 years of age,"* adds Hana Pokorná.

The race will start on Thursday, May 25th, 2017, at 10 am, behind the leisure centre Lužánky, with 15 participating teams from South Moravian schools. This year action will be presented by energetic Ondřej Blaho, the moderator of Radio Kiss and the Good Morning show by Czech TV.

For more information about race please visit: www.projekthobit.cz



Video from previous year:

<https://www.youtube.com/watch?v=-UOyO8P8DDU>

Carolina, who had stroke at her 21 years of age:

https://www.youtube.com/watch?v=R1d_u4lwko4



Photos from the first FAST RUN

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